

Types of Nurse-doctor Relationship Based on Social and Cultural Factors in Saudi Society

Reem Fahad Abdulbaqi

SUMMARY

This study addresses the issues of nurse-doctor relationship in Saudi society through several aspects determined in the following objectives:

١. Identify the types of nurse-doctor relationship based on social and cultural factors that effect on the relationship.
٢. Finding out the social and culture factors that effect on the relationship.
٣. Knowing the nature of nurse-doctor relationship.
٤. Discovering the negative and positive aspects in the relationship.

Based on these objectives there was the following questions:

١. What is the type of nurse-doctor relationship based on social and culture factors in Saudi society?
٢. What are the social factors that effect on nurse-doctor relationship?
٣. What are the cultural factors that effect on nurse-doctor relationship?
٤. What are the controls that govern the nurse doctor relationship?
٥. What is the nature of nurse-doctor relationship?
٦. What are the negative and positive aspects in the relationship?

The study used the social survey method which helps on choosing a sample from the population so it can help on obtain results that can be generalized on similar population.

The field study was applied on a random sample of 150 Saudi female nurses, 110 Saudi male doctors from: eye hospital, king fahad public hospital, National Guard hospital and king Abdul-Aziz university hospital. The study used a questionnaire to collect the data.

After data collection complete. The data analyzed by using a statistical program (SPSS) and been converted in to simple and complex tables, also the study relied on (chi- square for independence) to determine the link between variables.

By explaining and analyzing the data, several conclusions were drawn. The conclusions of the study were as follows:

A. Conclusions related to the controls that govern nurse-doctor relationship:

١. The study finds out that self-observation is the main control of the relationship.
٢. There are other controls such as: written rules and laws, job description and others which came at second after self-observation.

B. Conclusions related to the nature of nurse-doctor relationship:

١. Nurses and doctors agreed that the nurse role is doing what required from her with the submission of comments and suggestions if it's needed.
٢. There is no difference in how doctors prefer to do work with between Saudi and non-Saudi nurses.

C. Conclusions related to the social and cultural factors that effect on the relationship:

١. There are significant effects for (nurse age – doctor age – nurse qualifications – experience – work pressure and frequent shifts) on nurse-doctor relationship.
٢. There is no effect of (work place– the social situation of nurses – wearing veil and society's view) on nurse-doctor relationship.

D. Conclusions related to the negative aspects in nurse-doctors relationship:

١. There are several negative aspects from nurses perspective :
 - Doctors prefer working with non-Saudi nurses.
 - Doctors don't valuating nurses affords.
 - They don't recognition that nursing is complementary to doctor's work.
 - They don't encourage nurses, and they don't accept suggestions and discussions.
٢. There are several negative aspects from doctors perspective :
 - Nurses have lack of training and rehabilitation.
 - They don't have the willing to work.
 - They have lack of experience.

- Irregular working hours.

E. Conclusions related to the positive aspects in nurse-doctors relationship:

١. There are several positive aspects from nurses perspective :

- The doctors are supportive.
- They giving professional advice.
- They have consideration to the shifts pressure.
- They have consideration to the nurse's social statue.

٢. There are several positive aspects from doctors perspective :

- Knowing the society culture.
- Easy to work with.
- They have sense of belonging.
- They respect doctors.

the study concludes a number of recommendations including formation of scientific association in medical institutions to develop the social and Professional relationship, Focusing on supplementary courses to raise the capabilities of Saudi nurses, Providing Special English language courses, Establishing Seminars and workshop to discuss the positive and negative aspects in the professional relationship between nurse and doctor and how to deal with it.